



The CPD Certification Service

## CONTINUING PROFESSIONAL DEVELOPMENT REGULATIONS



### Requirements for yearly CPD:

Minimum of 250 hours CPD activity over five-year period and normally a minimum of 20 hours during any year within that five-year period.

Members should undertake an appropriate range of CPD activities. This would typically include an element of clinical supervision, research, attendance at events such as conferences/workshops/webinars, private study etc. awareness of developments in contemporary thinking and best practice, and evidence of reflective/reflexive practice.



British Association for  
Counselling & Psychotherapy

### Requirements for CPD:

BACP would normally expect registrants to undertake at least 30 hours of CPD per year. conference attendance, e-learning CPD modules, formal education lectures, seminars, courses, giving conference presentations, in-service training, mentoring, peer support groups, organising specialist groups, reading, supervising research, training, updating your knowledge through TV, radio, internet, workshops, work shadowing, writing articles or papers



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